

## SEPTEMBER 2022

September 1 – Paryushana  
Parva (Jain)

September 5 – Labour Day

September 8 – International  
Literacy Day (UNESCO)

September 15 – International  
Day of Democracy (UN)

September 21 – International  
Day of Peace (UN)

September 25 – Rosh  
Hashanah (to Sept. 27)  
(Judaism)

September 26 – Navaratri (to  
Oct. 4) (Hindu)

September 30 – National Day  
for Truth and Reconciliation  
Orange T-Shirt Day

## BACK TO SCHOOL BACKPACKS

**H**ome Suite Hope thanks **Sagen Canada** for its support of HSH's annual Back to School Backpacks program. As classes begin, it's been a busy time for HSH and Sagen employees alike!  
**See *inside* for details.**



## WATCH FOR OUR FIRST-EVER PARTICIPANT LETTER CAMPAIGN

**W**e are inviting the community to get to know more about Home Suite Hope, what we do, who we assist and how we accomplish it. Our first-ever mail-out campaign will be launching in September with a direct appeal from one of our families to the community.

Please watch for the mail and when you receive our letter... take a moment, or two, to get to know us better!



# EMPTY BOWLS RETURNS

IN PERSON AGAIN: NOV. 6, 2022

Empty Bowls ticket sales are live!

In its 14th year, Empty Bowls, presented by **The Taylor Group**, brings the community back together once again - this time in-person - at **St. Mildred's-Lightbourn School** to visit the various soup vendors by handing the chef their new bowl to fill. This tangibly represents the soup kitchen experience that many homeless individuals face.

This is Home Suite Hope's annual signature fundraising event with all proceeds going to its wraparound supports.

Back by popular demand, Empty Bowls 2022 will happen on **Sunday, November 6, 2022** from 11:30 a.m. to 2:30 p.m.

Seating Option #1: 11:30 a.m.-1 p.m.  
Seating Option #2: 1-2:30 p.m.

You will receive:

- Soups prepared by local chefs
- COBS Bread for dipping
- \*A ceramic bowl
- Delicious desserts

***\*With purchase of Single Admission + Bowl or Single Admission + Bowl Painting tickets only***

Scan this QR code to be directed to our ticket sales page or visit [https://fnd.us/empty-bowls-2022?ref=sh\\_dBUPwf](https://fnd.us/empty-bowls-2022?ref=sh_dBUPwf)



**See you there!**

# WE NEED YOUR HELP!

## HELP US GET BOWLS PAINTED FOR OUR EMPTY BOWLS FUNDRAISER

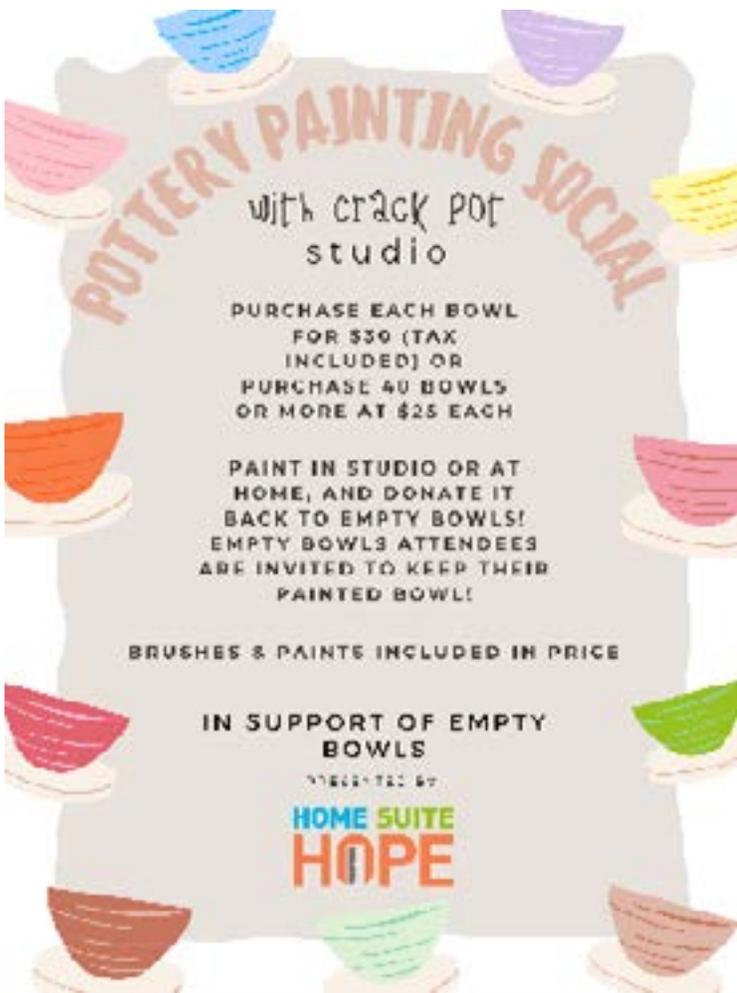
**A**re you searching for a team-building

event or group social activity?

Consider a bowl-painting event with **Crack Pot Studio** in support of Home Suite Hope's annual Empty Bowls fundraiser.

We need bowls for our annual signature fundraiser that serves up soups from various local restaurants in support of our programming for single parents and their families.

For information, contact Katelyn at [katelynz@homesuitehope.org](mailto:katelynz@homesuitehope.org) or visit [crackpotstudio.com](http://crackpotstudio.com).



## JOIN HSH'S EMPTY BOWLS COMMITTEE

**E**mpy Bowls is back and we are looking for Committee Members to help with the procurement of desserts, beverages, disposable spoons & bowls for the November, 6th 2022 event date at St. Mildred's-Lightbourn School. If you are interested in joining the Empty Bowls 2022 Committee, please email Katelyn at [katelynz@homesuitehope.org](mailto:katelynz@homesuitehope.org).



# PARTICIPANT UPDATES

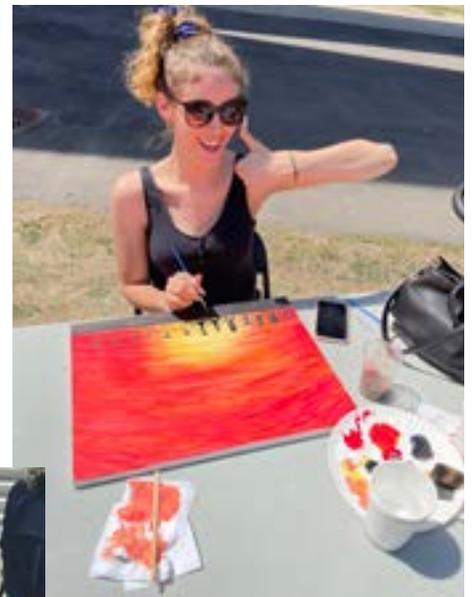
## IN-PERSON SOCIALS - ONCE AGAIN!

The breeze was warm, the sun shining and the time was right for Home Suite Hope to host its first in-person Social for participants Aug. 18 on the grounds of **Sheridan College**.

Homeward Bound Halton program participants gathered with their mentors for Painting in the Park.

Not only were there talented artworks created but everyone soaked in the contentment of gathering in person and catching up face-to-face with friends and colleagues.

The event was organized by **HSH Case Manager and Interim Program Manager Nikkian Hanson** (pictured above with one of the artworks created), with assistance from **HSH Case Manager Leah Burton**.



# PARTICIPANT UPDATES



## ANNUAL ONBOARDING ALSO IN-PERSON ONCE AGAIN!

**H**SH staff, participants and community met August 30 at the HSH office as the annual **Onboarding** of new program participants was once again held in-person for the first time since the pandemic began.

Everyone attending the meet-and-greet gathering was there to learn about the upcoming programming at HSH, peer support and cohort building.

The event was organized by the **HSH Program Team** led by **Interim Program Manager Nikkian Hanson** and **Case Manager Leah Burton**.

# SAGEN SUPPORTS BACK-TO-SCHOOL BACKPACKS

## PROVIDING ESSENTIALS

September has rolled around on the calendar and next week students are heading back to school.

It's hard to believe the summer is winding down - it always seems to go by in the blink of an eye.

Home Suite Hope is sending its single parent participants – and their children – back to school well-equipped to make their marks, thanks to help from **Sagen**.

Our long-time corporate sponsor has come through with funding to help provide each of our Homeward Bound Halton program's single parents, and each of their children, a backpack filled with school supplies essential to making the grade this school year.

HSH's Back to School Backpack campaign is an annual affair.

This year's effort wouldn't be possible without the input of the **Bargains Group** and **Kits for a Cause**, which helped HSH transform the monetary support into the goodies – notebooks, rulers, pens, pencils, calculators (you know the list!) and deliver for packing by Sagen employees.

We hope the supplies will help, as well as inspire, all of our returning students in the coming



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# HSH IMPACT REPORT

HOME SUITE  
HOPE

## Homeward Bound Halton Outcomes: 2021

**43**

individuals have received services through HBH

**17**

participants have been accepted into Homeward Bound Halton

**26**

children have been served through HBH



4 participants have received a post-secondary diploma through HBH



4 participants graduated in 2021

**6**

participants have completed all phases of HBH



**5**

participants who completed HBH exited employed

**60%**

of participants who completed HBH have transitioned off Ontario Works

**\$33,823**



is the average full-time salary of HBH graduates upon completing the program

**60%**

of HBH graduates are able to maintain market rent

**100%**

of participants working full-time exited earning \$30,000 or more annually

**34**

is the average age of HSH participants upon entering the program

**80%**

of those employed hold a full-time position



**100%**

of employed HBH graduates are working within their field of study

# HSH LIFE SKILLS



## DID YOU KNOW?

**D**id you know Home Suite Hope offers Life Skills programming?

**HSH's Sarah Gillen**, once an HSH student intern, then community outreach worker, now program coordinator, oversees HSH's Life Skills programs - for which HSH's new grocery shopping game will be used. Under Sarah's leadership, HSH has had increasing amounts of self-paced modules available to accommodate the pandemic and/or independent learners.

The self-paced Learning Management System (LMS) offers modules that cover important topics ranging from professional and personal development to financial literacy, education, health and more. These include modules that discuss issues such as credit cards and budgeting, how to apply to college, building confidence, email communication and online etiquette, and so much more!

Homeward Bound Halton Youth (HBHY) workshops (synchronous group workshops) have been offered bi-weekly featuring live facilitators like **Stride**, **Halton Legal Clinic**, financial advisors and have covered topics such as Knowing Your Rights as a Youth, Wise Money Management, Self-Advocacy and more. Stabilizing First Halton (SFH) Life Skills workshops (synchronous group workshops) also featured live facilitators like Stride and topics such as Time Management. The Community Outreach Worker also does one-on-one meetings, working with partnering agencies to gain referrals from primary caseworkers to further support individuals with varying levels of needs and knowledge/experience with life skills such as budgeting, money management, nutrition and healthy eating on a budget.

# HSH NEWS



## VIRTUAL GROCERY SHOPPING GAME

**H**ome Suite Hope has developed a virtual Grocery Shopping Game for its Life Skills programs.

Thanks to the **Ontario Trillium Foundation (OTF)** for its assistance in funding the game's development. Thanks also to interns Matthew Tunney & Kevin Jacob Stanly, who are completing the Honours Bachelors in Game Design at Sheridan College.

This talented duo designed a rapid prototype gamified Basic Life Skills to create a more interactive and inclusive curriculum for our single parents, and to inform the life skills opportunities through Sheridan's Collaborative Life Skills Project. Both completed their Co-op Education summer term with Home Suite Hope.

Matthew specializes in drawing and 3D modelling, and has experience using the Twine engine. Kevin is a passionate game designer and developer.

HSH Targeted Marketing Assistant Rachel Millar is spreading the word. Stay tuned for more details.

Check out the game: <https://homesuiteshope.itch.io/budget-buster>

# DONOR UPDATES

## READY FOR CLASSES

Home Suite Hope extends its thanks to **Roger Beach**, who recently donated a new laptop computer for use by one of our participant families. Thank you!



## BICYCLE DONATION ON THE ROAD

Home Suite Hope was thrilled last month to accept the donation of a hot pink bicycle donated by Roger's neighbour and dropped off at our offices. Already the 10-year-old daughter of one of our participants is on the road with her new set of

wheels. This is the thank-you note the young girl penned to express her appreciation to her generous counterpart in the community:

*"Thank You so much for my bike; I really like it. Pink is my favourite colour."*

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## CORPORATE DIGGING IN



Home Suite Hope remains grateful to **Sagen** for its ongoing support of our single-parent families - and for its renewed commitment. Next up, Sagen employees volunteering at our Community Garden.

Thank you!

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## BELL ANSWERS THE CALL

Home Suite Hope is grateful to **Bell Canada** for donating backpacks, basic needs (hygiene, cleaning and household items) and summer fun items.

Bell's generosity saw each of HSH's families - parents and children - can receive a Summer Fun activity bag. Thank you!

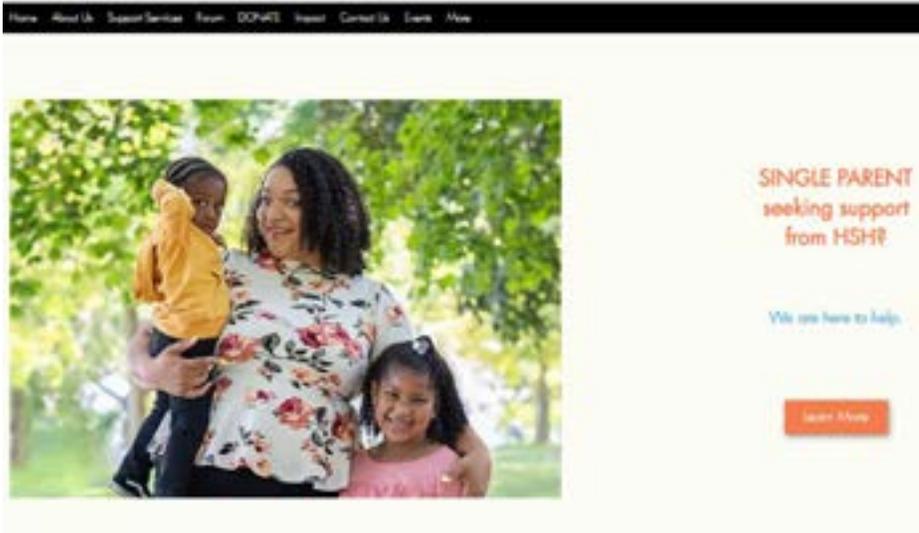


# COMMUNITY SUPPORT

## VISIT OUR NEW WEBSITE



Lives permanently changed for the better.



We invite you to visit our newly redesigned website at [www.homesuitehope.org](http://www.homesuitehope.org).

The website was redesigned with the assistance of **Unity Values** (a next-generation loyalty program that enables businesses to donate a percentage of each transaction to their customers' charity of choice).



HSH'S new website now offers an enhanced visit for both program participants and members of the public.

Drop by for a visit and spend some time learning more about all we do at HSH to assist single-parent families move from homelessness to stability.



Sheridan



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