

# THE FACES OF HOME SUITE HOPE

2022 Participant Edition

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Part Three: The Participants

The Faces of Home Suite Hope series launched in 2020 to give the community a glimpse of the faces behind the organization. The four-part series will introduce you to: the staff, the board, participants, and mentors and industry council members.

In this booklet, you will meet some of the current Home Suite Hope Participants. Poverty exists and has a variety of different faces, in the most **inconspicuous places.** 

We invest nearly \$50,000 per family per year on average. With these funds we address poverty by wrapping multiple services around our families to ensure that all compounding barriers related to poverty are addressed simultaneously and off-set expenses of an individual's basic needs: shelter, food security, education/training, basic life skills, mentorship, and community networks.

This is a proven method to help single parents lead families to become less reliant on social services and more self-sufficient. But there remains a nearly \$10,000 annual funding gap — for each family's costs over the four-year program. HSH is looking to fill that 20 per cent gap through our Partners in Change campaign.

It is an uphill climb for our families. The **average** cost of renting a two-bedroom apartment in the Halton region is \$3121.00 as of November 2023 – Oakville is the highest in Ontario! There is a lack of affordable housing in our community and it is nearly impossible to shoulder a market rate rent if your household income is below \$50,000.

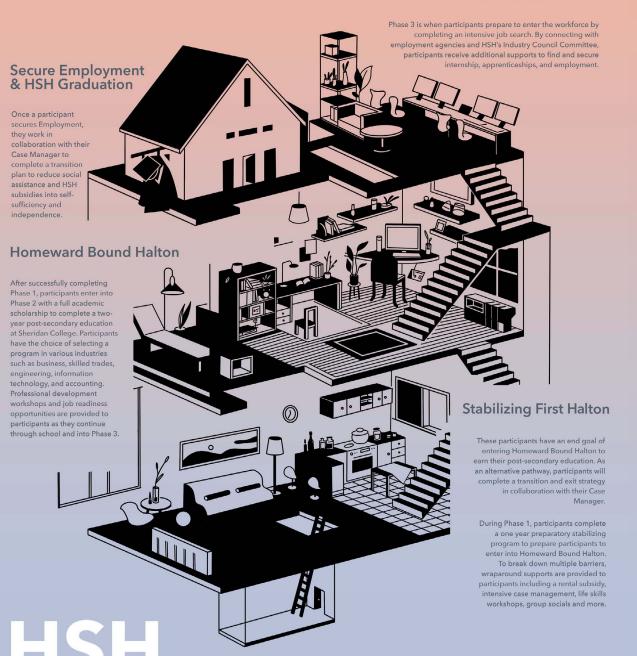
It is a human right to have an adequate standard of living that allows for a person's health and well-being. And the journey out of poverty cannot be done in isolation.

Our families need organizations and individuals like you to partner to change their lives for the better. They need individuals to commit to living a life of impact to help them move from a state of homelessness to stability, from dependence to independence, from hopelessness to hopeful.

As you read through today's booklet, and we introduce you to some of the families we work with, we hope you consider getting involved or donating.

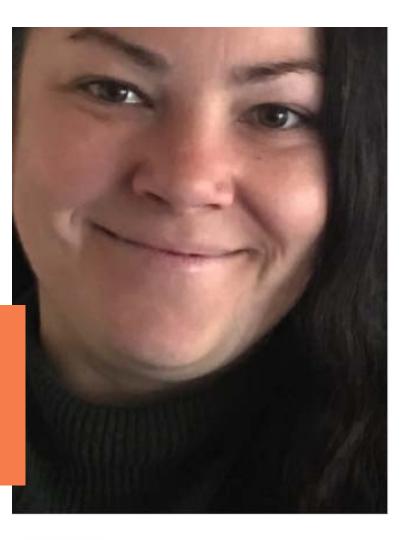
~ Krystal Valencia, Director of Development

#### Intensive Job Search



Family journey

<sup>\*</sup>These stories were written by and in partnership with current Home Suite Hope participants





# **JEANNIE**Stabilizing First Halton

My name is Jeannie and I am 34 years old. I struggled a lot in my life from my childhoo into adulthood. I lived in Toronto in a dual parent household, along with my four sibling When I was five years old, my parents separated — an event that caused my mother, my siblings and I to live in a shelter. Although my mom did manage to receive subsidized housing in Mississauga, my father stopped coming around and stopped paying child support.

My mother's alcoholism created difficulties, which led my siblings and I to be placed on and off in foster care homes for several years. School became a burden as I worried about where I would end up next. Too much for a young child to handle, I dropped out of school in grade 10 and I turned to alcohol to escape from all my emotional pain, frustration and sadness.

I became pregnant at 18 years old — but the father of my child cheated on me. I was then left to be a single mother while working as a cleaning lady to support my son.

I was abused in my next relationship and that partner was arrested. This event caused m son and I to move out of our home as I could not afford it anymore. After two years of being homeless, bouncing around family and friends, I discovered Home Suite Hope.

I applied and got in — it was relieving. I secured a new home tor my son and I and am now working towards securing employment in trades. Thanks to Home Suite Hope, I am becoming financially stable and independent. I want to be the best person I can be as a individual, mom, employee and role model for my son.

### **WAJIHA**

### Stabilizing First Halton

I was born in Pakistan and I am a mother of three lovely boys — 10, 12 and 14 years of age.

I grew up in Hyderabad and Karachi with both of my parents. I had a memorable childhood and my parents really looked after my sibling and I very well. I was a brilliant student and never had any issues with learning. I have my Masters in Business Administration with a Marketing major. I also have a diploma in Computer Science. I had a really good career and was able to achieve all my goals. I mostly worked for educational projects from Montessori to University level education.

I came to Canada in 2019 after my husband's death from cardiac arrest. I went through a lot after my husband's death and decided to move to Canada.

I was in a shelter and transitional housing for a couple of years and working at Tim Horton's and IKEA. Life was not easy because I was not able to get a good job as I had no Canadian experience and education.

I came to know about Home Suite Hope through Halton Multicultural Council (HMC). I was in their transitional housing program.

It's been over 3 months in this program and since day one the HSH team has supported me in every way.

They helped me find an affordable place to live. They helped me to upgrade some of my skills through their virtual and in-person workshops. I am in the stabilizing phase right now, but plan to start my study program by September 2023. My goal is to pursue the Project Management program and certification.

I am in search of better opportunities related to my field and HSH is helping me i connecting with people and employment agencies.

I feel they are doing an amazing job and providing us a platform to improve and succeed









# **KATHLEEN**Stabilizing First Halton

I was born and raised in Burlington. My parents lived in Hamilton and I went to school in Burlington, so my grandparents took care of me during the week. My parents divorced when was young. My dad remarried, then divorced again. I have one sister and three brothers.

I was in a very bad state in my life when I found out I was pregnant. I had been partying and had no goals in life. I had been told since I was 16 years old that I would never be able to get pregnant. But after I turned 30, I did get pregnant. The father of my child put me through so many horrible things whilst I was pregnant, it put a strain on our relationship. Luckily, I had support from my father (who is my best friend) every second before and after the baby. He was there for me when no one else was.

My daughters' first year of life was very hard. Her father and I were constantly fighting. He was never home, rarely sober, and would not get the help he needed. When we finally split I became a single mom. Even though it has been very hard it was the best decision I could have made. My daughter and I lived in a shelter for five months while I adjusted to being a single

We only had food from the food bank, no stove, only a microwave, no car and formula was shortage.

After I split from my ex, my CAS worker told me about HSH. I applied right away. I was so scared being a newly single mom making minimum wage with no child support. Finding out the HSH could possibly help me get a new career/schooling to start working towards a bette future for my daughter warmed my heart and pushed me to do everything I could to get into the program.

I applied in October 2021 and was accepted into the program in February 2022

We got housing March 1st of this year. It was so amazing seeing my daughter go into our house for the first time — into her room, playing in the backyard. Finally we are able to get o

I officially started the program in August 2022 and I have already met wonderful single mor like myself. The staff are amazing. I will be participating in the academic upgrading for a brup on my schooling, then I am hoping to get into the Homeward Bound program for Proper Management. Home Suite Hope is the motivation and support that I have been looking for past two years. Having the potential to be financially stable as a single mother is exciting an would not be on this pathway without HSH.

# **KENDRA**Stabilizing First Halton

My name is Kendra, I was born and raised in Burlington Ontario. I am 27 years old

Though my parents were together when I was growing up my father was absent. I attende Mohawk College for the Child and Youth Care program and graduated in 2018 with honors. I have worked in the field for about five years now, and am going back to school to attain my bachelor's degree in the Child and Youth Care program at Toronto Metropolitan University.

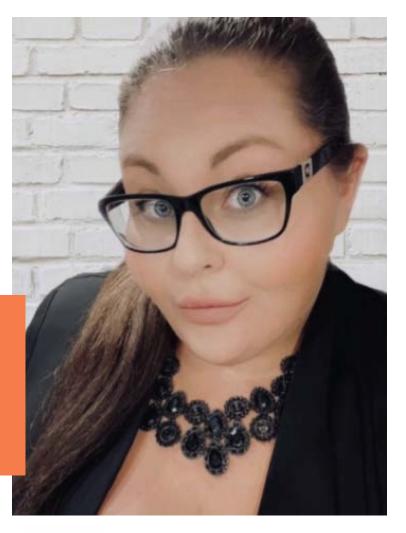
Life before Home Suite Hope was tough. During my pregnancy I had support from a home called Shifra Homes. They provided me with a safe place to live during the last part of my pregnancy. But after my baby was born I was living with a friend's family member in a basement with a newborn. I felt isolated from the world and finding a place that was affordable was stressful.

I came to Home Suite Hope and was paired with a Black case manager. Her name is Nikkian. Nikkian has taught me how to remain professional, but still advocate for the things you need in life. I was very blessed to have been paired with someone of color. I have rarely dealt with anyone who is Black in my life other than my direct family. I feel Nikkian has supported and guided me to where I am today. My life has changed immensely through this program. I have learned about community resources, how to cop with being a single mother and dealing with life when I am no longer with Home Suite Hope.

I hope to share my experience with others one day and inspire them to reach out to organizations like HSH during a time of need.









# NICOLE

### Homeward Bound Halton

Growing up in a single parent household had its difficulties — moving around a lot while growing up and not having a firm sense of stability or a sense of home. I never wanted to bring a child into the same environment I was raised in, however I was blessed with my son and now I'm striving to not repeat the cycle for him.

I've worked different jobs over the years and made a few attempts to attend college, but between finding a daycare that knew how to handle a child with severe ADHD and ODD, a lack of funding to pay for my college semesters and little family around to help, I was at a loss.

It began to be hard to keep a day job as my son had difficulties at school. I was often called to come get him. I found a great job working nights, but with working 10-14 hour shifts then rushing home to take my son to school, I'd come home to nap for a few hours and would have to pick hir back up for 3pm. After that I'd spend my time taking care of him, cooking, cleaning, homework, bedtime stories and tucked into bed before I'd have to leave for work. It became very exhausting and ran me down. This, over time, forced me to have to quit.

Shortly after this, I heard about Home Suite Hope (HSH). I was filled with excitement and hope fowhat this opportunity might bring to my life. Education, a stable job, community resources and support along the way.

I began the application process and wrote my essay. I received a call for an interview shortly thereafter and jumped for joy when I received the email that I had been selected to become a pa of HSH.

By no means has it been an easy ride — especially while attempting to take online college course during a pandemic with a child also at home completing their education, but I did it. We did it, m son and I both.

I am proud to say that three years atter teeling like I would never get out of the cycle of struggling I've made it. I'm on the right path as a Sheridan College graduate!

This year I graduated from the Business Human Resource program and found an incredible opportunity working at Sheridan College in Employee Relations within the Human Resource department.

I now see a brighter, happier future for my son and I. I hope to one day further my education with a bachelor's degree in Human Resource Management, purchase my first home and create a determination and drive within my son. He now sees that no matter what life throws your way, if you have perseverance, determination and a little bit of hope you can do anythina!

### **SHANNON**

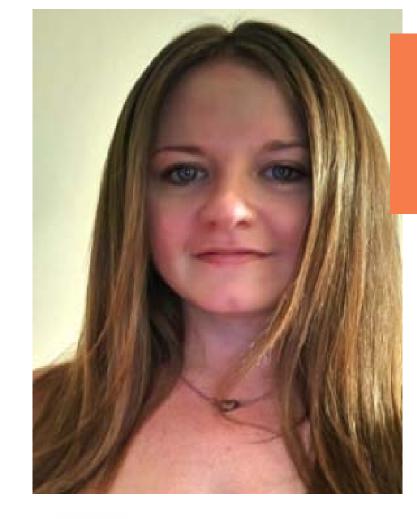
### Homeward Bound Halton

l was born and raised in Mississauga by a single mother. I graduated from high school when I was 17. Soon after that I was pregnant with my first child. The father was much older and didn't have an active part in my son's life. By the time I was 19, I was a single mother with a one-year-old.

so I went on Ontario Works as a means of support. Not long after this I met someone and by the time my first born was four, I was pregnant with my second child and, within a year of his birth, I was pregnant with my third child. I was 24 years old and had three children to care for. For the next 10 years, I had a on again, off again relationship with the father of my two youngest children. I participated in different programs to help get myself off assistance, but with three children things just never lined up in order for me to maintain employment.

I tound out about the Home Suite Hope program from a caseworker I had in Milton. She helped me apply but unfortunately, I was wait-listed for over a year. In the summer of 2020, I got the email informing me that I had been selected to possibly become a part of this program and the interview process began. The day I got the email letting me know I had made it through the interviews and would be a participant, I cried. I've never felt so excited about my future and where it could potentially go from here. I finally feel like I'm going to be able to care for my children on my own and maintain a stable lifestyle.

Now I am a college student in the Executive Administration program at Sheridan College. I am looking forward to completing my studies and obtaining work in my field. HSH has made it possible for me and my children to have a secure future with the support we need I really don't know where I would be without Home Suite Hope!

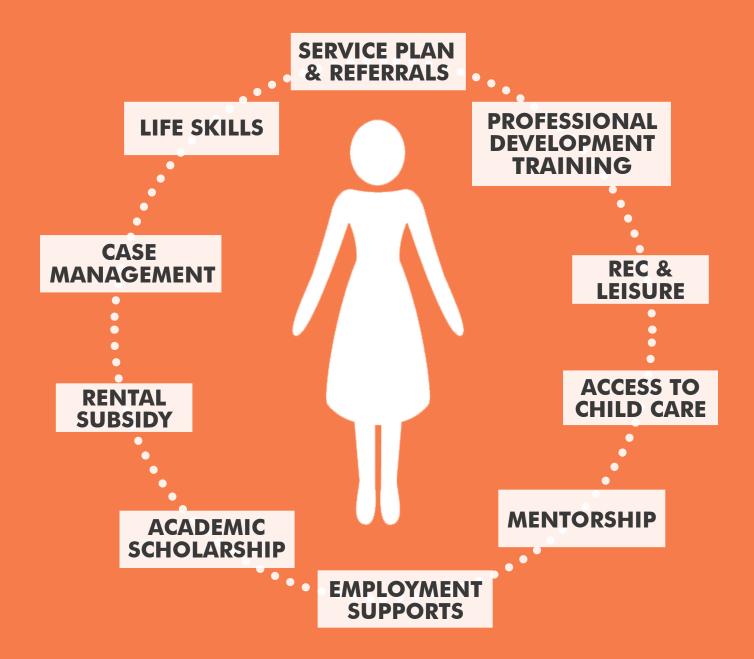




#### **FUN FACT**

Over the last year, I have discovered I really like being outside. Finding a nice quiet place to hang out with my dog and only the sounds of nature. It has really become my go to!

### **ABOUT HSH PROGRAMS**



## PROGRAM OUTCOMES

Since 2012, Home Suite Hope has served more than 225 individuals.



In 2014, Home Suite Hope was selected to replicate the award winning Homeward Bound program by Woodgreen Community Services. Homeward Bound Halton (HBH), now an award-winning programming itself, was launched and has **served more than 39 families**. It is the first replication of the program in Canada and is projected to continue to grow.



**86% of participants** that completed the HBH program exited with employment



**15 participants** have obtained their postsecondary diploma through the HBH program



\$48,000 is the average salary of the participants that completed the HBH program and obtained FT employment



100% of participants that completed the HBH program no longer receive social assistance







FUN FACT

I used to dance hip hop and did competitions!

### DIAMOND

### Homeward Bound Halton

I was raised in the United States in Jackson, Tennessee from when I was a baby until I was 16 year old. At the age of 17, I moved back to Canada with my mom and my younger siblings. I started high school at Oakville Trafalgar High School and then finished and graduated at White Oaks Secondary School.

At 20, I had moved out and got pregnant with my beautiful baby boy. My partner and I got a place of our own, and everything felt perfect. I had no more worries about anything and just worked to make sure I had a happy family, because that was all I ever wanted — a family of my own. However, I realized my relationship had issues I couldn't come to terms with. We just saw things differently. We couldn't work it out and so we separated. I realized it was for the best.

I struggled to find housing on my own and ended up living in a hotel for almost a year before I found out about HSH. Home Suite Hope supported me in finding housing, helped me to access resources for my son and myself and helped me to find a path in education. They never gave up o me even when I struggled to find my way.

I am so happy to say that I have successfully become a certified PSW and I am excited about the next step of my life. At 28, my son and I are happy and have a bright future.

I am now searching for full-time employment, and I am hopeful that with the support of HSH, I wi secure a job in my field!

# SHAWNA Homeward Bound Halton

My name is Shawna, I was born and raised in Oakville

My parents separated when I was 10, leaving us with a strained relationship with my father. In 2010, my mother lost our house and we moved in with a friend of hers.

In 2008 I met my partner and we eventually moved in together. I fell pregnant in 2017 and in 2018 before the birth of my son I lost my partner suddenly. We were together for 10 years, it has been very difficult coping with loss of my partner as well as raising our son alone.

I didn't plan on becoming a single mother, but I am doing the best I can with the amazing support of my mother and family. The HSH program has helped get me on my feet, I have the opportunity t attend school and build a better life for my son and I am very grateful for that.

I am currently studying Medical Administration at Sheridan College, and I am on track to gradual next year! I will soon be seeking employment and I am hopeful that with my own hard work, and with the support of HSH, I will be successful in securing a full-time job in my field.

### HONGMEI

### Homeward Bound Halton

My ex-husband and I had a lot of fights. I felt frustrated. I decided to come back to Canada with my daughter in 2018.

I am a single mother with a teenager. It's been a long time since returning to Canada and I have yet to find employment.

Language skills are a barrier for me in finding a job. It is difficult for me and I face a lot of pressure.

Fortunately, I met some people who helped me and referred me to Home Suite Hope. This allowed me to meet more people who are willing to help me make a better life.

I hope to get an office job one day with regular working hours. In five years, I want to pursue a career and be successful. I am currently finishing my diploma at Sheridan College in Computer Programming, and I will be looking for full-time work in my field. I am excited to finish school and enter into this new phase.

Like Marie Curie, the French-Polish physicist, I want to be an independent, successful woman full c charm.

My biggest concern about work is my language skills, but being attached to HSH I was able to meet people who are single mothers like me. We are working together and I don't feel lonely.

# **TAYYABA**Step Forward Halton

After a separation from my spouse, I moved to Canada when I found out that I was pregnant. I was on my own at the time, but held onto the hope that one day, I would get a chance to improve my life. As I waited for that opportunity, I did everything that I could do to raise my child and provide her with all of her needs. It was hard, but I didn't lose hope and kept working at it.

To improve our situation, I tried to find another job, but had no luck. Many places did not accept me as I did not have enough Canadian experience or education. This limited my options. Then, it happened: my chance to improve my life. I found Home Suite Hope. They gave me hope and helped me clearly see my dreams and what steps were needed to fulfill them.

I am now on a path to be able to stand on my own two feet and no longer need anyone's help. I we be able to provide my child a better future and I hope I can become a role model for my daughter and other women as well.



FUN FACT

I love to dance – Zumba
is my favorite!



FUN FACT
I enjoy making jewelry or bracelets with beads and crystals.





#### **FUN FACT**

I love the outdoors, fishing, camping, and long walks, you name it. Growing up, I went fishing and caught a 3ft barracuda.

# ROBIN Homeward Bound Halton

I grew up in Antigua, the middle child of three to a single mom. After completing high school ar some college I moved out from my mom's home and worked full-time in the airline industry.

Four years later I became pregnant. I gave birth to my daughter Leanne in March 2010. Soon after Leanne was diagnosed with an intestinal disease which required surgery. During surgery her brain was injured, which caused her to have Cerebral Palsy. Leanne is not able to speak and is confined to a wheelchair. She also has cortical visual impairment.

At this point my relationship with Leanne's tather was at its end. The lack ot support and resources for children with special needs made it impossible for me to provide for my household. After a yea of not being able to find suitable childcare and resigning from several jobs, it became evident that could no longer remain on the Island. In November 2014 out of sheer desperation we moved to Canada.

Arriving as a visitor to Canada meant that we did not have the required documents or finances to get housing. For the first six months I stayed in the unfinished basement of a distant relative's home Because of poor living condition we had to move. I stayed temporarily in hotels and then moved into the living room of a contact's home. During this time I was able to find a basement apartment and my mom held fundraisers to help pay for rent. The next three years were filled with uncertainty and financial hardship, then, in December 2018, we were granted permanent resident status.

As the years went by Leanne grew tremendously and lifting her and her wheelchair up and down th basement stairs daily had become very strenuous on my body. But I could not afford an apartment on ground level, then a friend and past participant introduced me to Home Suite Hope...

I am currently finishing my diploma in Computer Systems Technician – Software Engineering at Sheridan College. Soon, I will be searching for full-time employment and I am excited for this nestage!

### **TIONNA**

### Homeward Bound Halton-Youth

I was born in Brampton and my brother and I were raised by the greatest grandparents to ever exist. Expectations were always high.

My grandparents had one major rule in my household when it came to success: get your education. They strictly believe that if one went to college and or university they would obtain success. Although they had an influence on my grades, attendance and dreams and goals of attending university, back then I didn't understand why my grandparent's stressed education in correlation to success. Not until I got pregnant.

When I got pregnant, I had a reality check. Maybe working at Tim Hortons was not the height of my life. The first thing that I thought was, "I can't afford to take care of this baby." I cannot describe the many negative thoughts that came to mind. God called me out of those thoughts and brought me to a place of peace, confidence, and understanding.

After spiritual growth, I began to seek for success financially. That success would be financial freedom or financial independence. I made up my mind that I would seek a career that I love and that paid a decent amount that would support my son and I. On this quest to find a career that works for me I was introduced to Home Suite Hope.

Home Suite Hope is not just a program for single moms to receive education. HSH is a program that leads mothers into financial freedom with factors such as education, menta health, spiritual and financial supports. HSH has done remarkable research to direct participants to successful career. They also have provided mothers with multiple options within the supports.

As an HSH participant I am now fully enrolled into the HR program starting January 2023. I have completed two courses of academic upgrading and will be completing my third course this December. I can never fail to mention the great support that my caseworker Nikkian has provided not only inside educational factors but in almost every area of my life. Within six months I was able to secure housing, find a daycare for my son, budget my finances and build my credit, get my G license, save up for a car and enroll into the HR program.

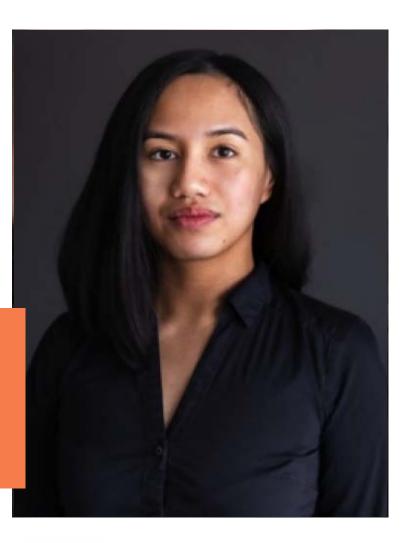
Today I stand strongly as an independent mother on my way to financial freedom with the support of HSH and donors, with an understanding that success is achievable, financial reedom and independence is achievable regardless of circumstances or challenges. This is me meeting the great expectations set by such great people in my life. This is me now being able to support my son and I in this journey we call life.





### FUN FACT

I grew up in a family of rugby players and I played the Lock position.





# **DALIAH**Homeward Bound Halton-Youth

I was born in the Philippines, but raised in many different areas of the world — even warzone. My family settled in Ontario permanently in my early teenage years.

My parents were separated resulting in me being between households. This created instability throughout my childhood years. I struggled to maintain relationships. There was much I didn't understand compared to my peers around me.

I graduated high school in Brampton and always had a passion for cars. I decided to do sales at 18 and I slowly moved up to Financial Services Manager. Becoming a parent wasn't in my plans this early because I wanted to work on my career more, I wanted to save more financially. I also wasn't sure if I even wanted to be with my partner as it was a very negative relationship. The relationships around me were very negative as well. When I was pregnant with my son it was hard for everyone to accept and I didn't receive family support throughout my pregnancy.

Before Home Suite Hope was Shifra Homes. The support I received from them helped me enjoy the early stages with my son. Single-parenting was definitely a challenge, there were not many others I could rely on. I was experiencing many emotional struggles, a lack of financial support and without the other partner to share duties the workload became overwhelming.

was reterred to Home Suite Hope through Shitra Homes. When I heard about the program I was eager to get in. I learned there was a lot of effort that I needed to put in or ny end and I was prepared for it.

I have been in the HSH Homeward Bound Halton Youth program tor under 6 months, bu the program has supported me in sorting out taxes I was three years behind on, getting school supplies, buying groceries and providing life skills workshops. I know that my life without HSH would be very different. HSH has a very positive impact on my family's life.

I am interested in the education aspect and having the opportunity to go back to school. With HSH I have decided to pursue a career in dental care. My first year consists of preparing my pathway with the required sciences and math credits I need to get into denta school. To me, Home Suite Hope means journey. A journey that changes life.

### **ANGELIKA**

### Homeward Bound Halton-Youth

I was born in Mississauga and lived there and in Burlington. I grew up in a single parent household, although my mom and I lived with family for some portion of my younger adolescent years and then my step-dad for my teenage years. My childhood was quite unstable.

My family was very toxic toward each other. I would witness physical fights or screaming matches and cops were called. It taught me how I never wanted a family of my own to end up. I will never let what my childhood was like repeat in my child or future children's lives. They'll never witness that toxicity.

My journey to parenthood was challenging but freeing. I knew nothing about parentin and I went into it with a lot of confusion, but I always tried my best. When I was first pregnant, I felt sad for myself and my baby, because I was living in a very toxic environment at the time. I didn't even know if I should go through with the pregnancy because I knew it was quite a bad environment to raise a baby in.

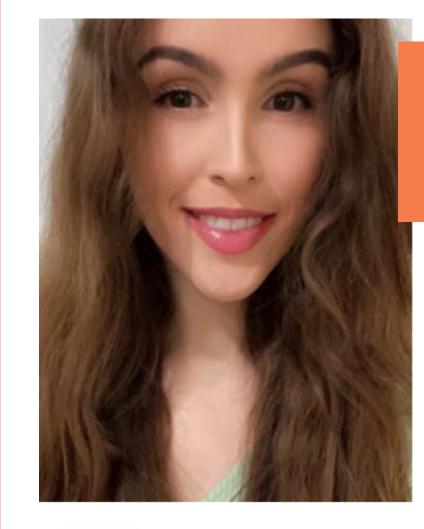
I was fortunate to find the supportive, beautifully run Shifra Homes to transition to motherhood. I suffered from postpartum depression for the first four months. I was so fortunate to be accepted into Shifra Homes as they had wellness groups and counselling when things got hard or challenging.

I found out about Home Suite Hope through Shifra Homes. I wanted to get a good job, have a nice home and a warm environment for my daughter. I wanted to dream big and accomplish my goals. HSH fights for their participants and help us work toward our goals.

I have been in the Homeward Bound Youth program for almost two years. I will graduate from Sheridan College's Executive Administrative program this coming April. HSH is now preparing me for the employment phase by helping with my resume, elevator pitch and interview skills.

My life has also changed in immense ways with my own home. I always feel like I can se healthy boundaries where I need to and have a safe space. This change is important an appreciated.

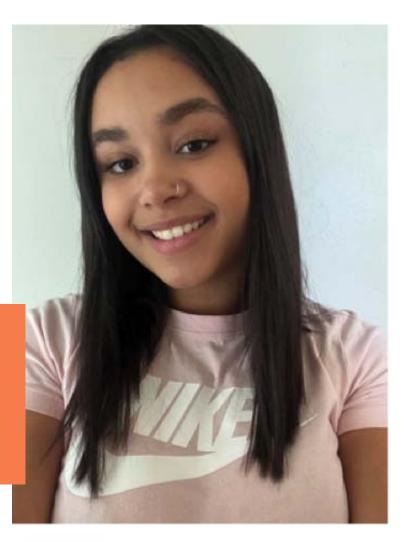
Home Suite Hope changed my life by helping me believe in myself when no one else di — including me. I finally feel like I'm being watched out for in a way I never have. That sense of security has changed me in so many ways for the better. HSH, to me, means stabilization, patience and support.





### FUN FACT

My childhood crush was Troy Bolton (High School Musical). My wall was covered in posters.





### **ALETHA**

### Homeward Bound Halton-Youth

My name is Aletha and I was born in Ohio, USA. I moved out of the United States when I was around 2-3 years old as I was adopted from a family in Canada. Growing up, I lived in several small towns with my adoptive parents—though, at 16, I moved out as I grew to realize that their household was very toxic. This realization of mine was strengthened even further when I became pregnant, and I recognized that it was not a safe place to raise my child. I later moved into a shelter in a city, where I successfully completed my high school diploma thanks to the supports I received from the shelter.

Being a pregnant mother while living in the shelter was not easy. I often feared for the future of my child. I would ask myself questions such as: Am I going to be a terrible mom? How will I support her? Despite this, I am grateful for the supportive environment that was at the shelter—where these supports eventually led to me being referred to Home Suite Hope.

A challenge for me, however, was my struggle with my mental health. Adapting to the dynamics of a new city, while also being pregnant, took a toll on my mental wellbeing. found it difficult to communicate with others, as I was very accustomed to having little social interactions. This led to the development of my own personal obstacles. Every-day tasks such as making a phone call, taking the bus, attending appointments, and the like, were very difficult to do. After having watched and learned from others around me, I slowledge to be come comfortable with doing these tasks, and I am proud of how far I have come since eaving my previous home.

I was connected with Home Suite Hope through my shelter, Shitra Homes. I did not know how much Home Suite Hope would help me in stabilizing my life for the better. They prepared me for school at a reasonable pace, they help me with rent, they have workshop that teach me how to be successful in the future, and they always make sure I am up to date with my budgeting and housing needs. I am currently on track to graduate next year, from the Social Service Worker program at Sheridan College. As a result, I will soon be searching for employment in my field!

have been with Home Suite Hope for a little over two years, and I am grateful that the nave helped my family in so many ways. I would not be where I am without them. Than you, Home Suite Hope, for your encouragement, understanding, and patience.

## **OUR PROGRAMS**

There are 5 main programs that Home Suite Hope offers:

#### **Stabilizing First Halton**

A stabilizing program to prepare participants to purse a pathway towards employment, education and/or training, including Homeward Bound Halton

#### Homeward Bound Halton

An up to 4-year program that includes a housing rental subsidy, life skills programming, a college scholarship tha includes tuition and books, professional development, mentorship, employment supports and more.

#### Homeward Bound Halton Youth (Pilot)

An up to 4-year program designed to help young parents, ages 17-24, obtain their secondary school requirements, attend post-secondary school and secure employment. The program also includes programming with life skills and food literacy workshops, mentorship opportunities and intensive case management.

#### **Step Forward**

An up to 2-year program that provides individuals with intensive case management, life skills programming, community connections and goal-oriented services plans to maintain housing and increase one's quality of life and community engagement.

#### **Life Skills Programming & Community Outreach**

Individualized Life Skills training with a Community Outreach Worker that covers topics such as managing your bills, organizing and maintaining a home, identification and more.