

HOME SUITE HOPE

Newsletter

SEPTEMBER 2023

September 4 – Labour Day
September 6 – First day of School (Halton District School Board/Halton Catholic District School Board)
Krishna Janmashtami (Hindu)
September 8 – International Literacy Day (UNESCO)
September 11 – Paryushana Parva (Jain)
September 15 – International Day of Democracy (UN)
September 15 – Rosh Hashanah (to Sept. 17) (Judaism)
September 21 – International Day of Peace (UN)
September 24 – Yom Kippur (Judaism)
September 30 – Orange T-Shirt Day (Indigenous)
National Day for Truth and Reconciliation

SEPTEMBER 2023

***Unlocking potential, transforming lives:
Home Suite Hope is here for families in need***

FLIGHT FOR HOPE: UPDATE



To shed light on the struggle of single mothers to access affordable housing - HSH moms go to school full-time and earn \$1800 monthly while rents are \$2600 - Oakville's Callum Wallace took off in his single-engine plane Aug. 1 on his **Flight for Hope** journey around the world to raise \$1million towards HSH's affordable housing efforts.

To date, Callum's flight path has included Quebec, Iqaluit, Greenland, Iceland, Scotland, Wales, England, France, Spain and Italy. An engine seal began to fail near Heraklion, Greece, but while it caused a delay, Callum is fine and hopes to climb back into the cockpit headed for Egypt by early next week.

BACK TO SCHOOL

CIBC Mellon (Toronto) teamed up with **Bargains Group** to fill and deliver backpacks to all our participants and their children as they return to classes this month.

See inside for more on both efforts.

EMPTY BOWLS TICKETS ON SALE



[Empty Bowls tickets](#)

Empty Bowls at Home is back!
The at-home format is making a return!

Empty Bowls at Home 2023 will happen on Sunday, October 15, 2023 from 11 AM to 2 PM.
You will receive:

- 5 soups from local chefs
- COBS Lakeshore Bread for dipping
 - A ceramic bowl
 - Delicious desserts
 - ALL DELIVERED

In its 15th year, **Empty Bowls** has grown to become a gathering that our community knows and loves. We know how much our families and friends throughout the community anticipate attending this event every fall.

Every year, Halton comes together to support Home Suite Hope's Empty Bowls, presented by **Taylor Inc.** An annual fundraiser that brings the entire community around the table. With ticket sales that provide you with delicious soups, bread, and desserts donated by local restaurants and businesses, each purchase shares the delectable tastes that Halton has to offer while supporting Home Suite Hope to make a great change in our communities.

[TICKETS](#)

BOWL PAINTING SOCIAL?

As Home Suite Hope gears up for its **Empty Bowls 2023** edition - this year the popular home-delivery model returns on October 15 - we are asking our community members to consider a **Bowl Painting Social**.

Bowls can be purchased for \$30 each (tax included) - or \$25 each for purchases of 40 or more bowls.

Individuals or groups can paint in-studio or at home and we ask that you donate your bowl back to the Empty Bowls event.



Those who purchase tickets to the event can even keep their painted bowl as the bowl they receive with their order.

Oakville-based **Crack Pot Studio** is once again supporting HSH with the bowls and bowl painting for the event.

Based on the concept of a soup kitchen, Home Suite Hope's signature fundraiser is returning as Halton comes together to support Home Suite Hope's Empty Bowls, presented by Taylor Inc., that brings the entire community around the table. Delicious soups, bread, and desserts donated by local restaurants and businesses, share the delectable tastes that Halton has to offer while supporting Home Suite Hope to make a great change in our communities - in support of single-parent led families and their children on their journeys from poverty to self-sufficiency.

Please contact **Katelyn Zaoral** directly for sponsorship or volunteering opportunities - Katelynz@HomeSuiteHope.org

Bowls can be ordered online at CrackPotStudio.com, or by calling 905-338-1358 or email CrackPotOakville@gmail.com to place your order.

[For Empty Bowls tickets, click here](#)

PARTICIPANT NEWS



DALIAH WINS FCT SCHOLARSHIP AWARD

SINGLE MOM STUDYING TO BECOME DENTAL ASSISTANT

Home Suite Hope single parent participant Daliah was proud to accept the **2023 FCT Scholarship** from company executives August 23.

The scholarship is named for the late Honourable William G. Davis, a chairman of FCT's board, former education minister and Ontario's 18th Premier.

This award has reflected William G. Davis' passion for education and investing in youth since its inception in 2015.

For numerous years, FCT has presented the **William G. Davis**

Scholarship in partnership with Home Suite Hope (HSH), a charitable organization that supports single, unhoused or otherwise at-risk mothers and their families by providing them with housing, support networks, education funding and a path to self-sustainability.

HSH reviewed numerous applications this year, but one stood out — Daliah, who is currently studying to become a dental assistant.

Build a brighter future with Home Suite Hope - Break free from poverty's grip.

PARTICIPANT NEWS

DALIAH SHARES HER STORY

I hope you're all doing great! I want to share a little about myself and my dreams.

My name is Daliah, and right now, I'm on an exciting journey, completing my dental assistant program. It's been an incredible experience so far, and I can't wait to be part of the dental care community, helping people achieve healthy and confident smiles.

But there's so much more to me than just being a dental assistant. I'm a proud mom to the most adorable little boy, who's turning two soon. He's my little buddy, and we absolutely love spending time outdoors, especially near beautiful water bodies. Travelling with him is a blast; we love exploring new places and trying out delicious foods together.

In my free time, I'm an avid reader, especially when it comes to self-development. I find it so empowering to learn and grow personally. Journaling is another passion of mine, allowing me to express my thoughts and emotions freely. Oh, and crafts! My son and I have a blast creating art together — it's a wonderful bonding experience.

I also cherish the moments with my friends, laughing and creating memories together. And you know what else? I'm a bit of a finance enthusiast, too — I enjoy reading about investing and watching shows like *Shark Tank*.

Now, I have to admit that balancing my studies, motherhood, and personal interests can be financially challenging at times. That's why receiving this grant money will make such a difference in our lives. It will allow me to invest more in my education, spend quality time with my son, and explore new places and experiences that enrich our lives.

I believe in making the most of every opportunity and constantly striving to improve myself and the lives of those around me. With your support, I will now be able to do just that and achieve my dreams, all while making sure my son has a bright and adventurous future.

Thank you all for your support. I'm truly grateful for this scholarship, and I promise to make the most of it.



- Daliah

THANKS FOR THE BACKPACKS!



HELPING HSH FAMILIES HEAD BACK TO SCHOOL

Home Suite Hope sends a big thank-you to **CIBC Mellon (Toronto) and Bargains Group.**

CIBC Mellon (Toronto) with support from **Bargains Group** provided backpacks and back-to-school supplies for HSH participants heading to Sheridan College and their children going back to local schools this fall.

Providing backpacks has become a tradition at Home Suite Hope where the **Homeward Bound Halton** program is a four-year support providing stabilizing, education, housing, counselling and support to single parents as they move from poverty and homelessness or precarious housing to self-sufficiency. While **Bargains Group** delivered the supplies, **CIBC Mellon** employees packed the backpacks and delivered them to HSH for the families. Thank you!

CIBC MELLON



THANK YOU FOR SUPPORTING OUR GALA

Thanks to the following for their generous support of the new **HSH Home for Good Gala**

SPONSORS

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Lucy's Boutique and
Alteration

Secure your gala tickets today by [CLICKING HERE](#)



DO YOU HAVE YOUR TICKET? FRIDAY NOVEMBER 10, 2023

DON'T MISS THIS UNFORGETTABLE EVENT!

Welcome home **Flight for Hope** pilot Callum Wallace and celebrate the launch of **HSH's Affordable Housing Campaign** by purchasing a ticket for our gala. Enjoy the open bar, food stations, dancing, photo stations, a live sketch artist, magician and more at this inspiring event!

Don't miss the chance to join HSH on our mission to make housing in Halton more affordable and help more single-parent families find a Safe, Affordable Home, for Good.

- The Pearle Hotel Burlington
- Friday, November 10th, 2023
- Doors Open at 7:00 PM
- \$400

Stay tuned by following the updates on Instagram - @HomeSuiteHope and @FlightForHope. Secure your gala tickets today by [CLICKING HERE](#) or by scanning the QR code.



Remember, you hold the power to make a real difference—support the Campaign directly by visiting https://fnd.us/flightforhope?ref=sh_dBUPwf Sponsorship inquiries for the Home For Good Gala are also welcome and encouraged!

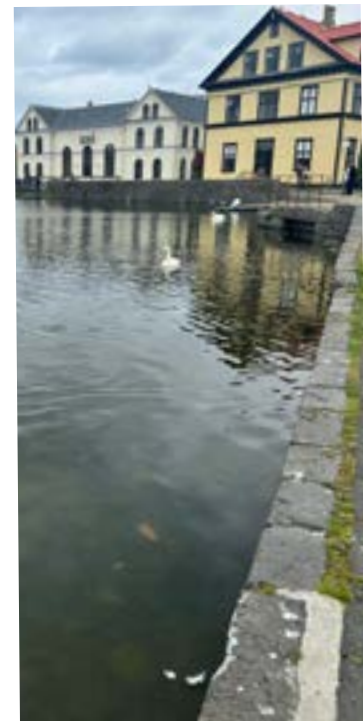
To get all the details, reach out to KatelynZ@HomeSuiteHope.org and prepare to embark on an unforgettable journey toward a brighter, more affordable future for all.

FLIGHT FOR HOPE TAKES OFF

'ROUND THE WORLD' SOLO FLIGHT IN SINGLE-ENGINE CRAFT HELPS MARGINALIZED SINGLE-PARENTS

On August 1 Oakville's **Callum Wallace** embarked on an extraordinary adventure called **Flight for Hope**. Taking off from Burlington Executive Airport, Callum is piloting a single-engine aircraft on a round-the-world journey to generate funds for Home Suite Hope's affordable housing campaign while raising awareness globally.

To date, Callum's flight has included Quebec, Iqaluit, Greenland, Iceland, Scotland, Wales, England, France, Spain and Italy. After flying to Goose Bay, Callum began his successful crossing of the North Atlantic. He has been to Greenland (right) then Iceland (below) and flew on to Wales followed by England, France, Spain and Italy.



FLIGHT FOR HOPE CHALLENGE

Flight for Hope hit turbulence when an engine seal started to fail near Heraklion, Greece.

Callum is fine and preparing to leave for Egypt by early next week.

From Egypt, Callum's flight path includes Pakistan, India, Sri Lanka, Indonesia, Australia, New Zealand, Fiji, Samoa, and Christmas Island.

It will conclude in Burlington October 14, just in time for the HSH **Home for Good Gala** on November 10. Only three Canadians have ever completed this journey.

Visit [Flight for Hope](#)

[Donate](#)

Track [Flight for Hope Journey](#)



MORE PARTICIPANT NEWS

TWO-DAY PUHL WORKSHOP AT THE YMCA OF OAKVILLE

Home Suite Hope is grateful to **Lindsay Anderson**, a **Sheridan College** faculty member and an **HSH mentor**.

Lindsay led a two-day weekend **PULH (Peace, Unconditional Love, & Happiness) Workshop** – a women’s empowerment session - for HSH single-parent participants in mid-August.

The workshop, hosted at the **YMCA of Oakville** was well-attended and well-received by HSH participants. The PULH workshop was developed and facilitated by Lindsay.

HSH parents tapped into the barriers of loving yourself, trauma and triggers, fear and control and much more. Taking time for self-care and wellness is important on the journey to stability.



STAFF UPDATE

HSH IS ACCEPTING APPLICATIONS: DO YOU KNOW SOMEONE WHO COULD BENEFIT FROM OUR PROGRAMMING?

HSH Director of Operations Catherine Villasenor is preparing to release a new video about Home Suite Hope as filmed by **Sharp Storytelling**.

We want to get our message and information about our programming out there, along with the fact that we accept applications year round.

If you are a community agency worker please think about potential clients for referral.

Our case workers, **Temisha Jacques** and **Haley Weber** along with **HSH Program Manager Nikkian Hanson** are spreading the word and will be sharing the video. Stay tuned!

If you're interested in learning more about HSH, please reach out to temishaj@homesuitehope.org; haleyw@homesuitehope.org; nikkianh@homesuitehope.org or info@homesuitehope.org.

Together, we can transform patterns of poverty into legacies of empowered prosperity



COMMUNITY



Churchill Fornoles, left, is pictured at our June Graduation at Sheridan College, with HSH Director of Operations Catherine Villasenor, centre, and Melissa Filice, also an HSH graduate who also volunteers as

Churchill also took on the mega project of organizing HSH's storage and did a spectacular job - even pulling anything and everything that may prove useful to participants as they and their children head back to school.

As the summer wound down, Churchill had found a job and was onboarding though she kept her options for continuing to lend a hand at HSH open. Thanks for the hard work Churchill. Congratulations on beginning a new chapter.

Together, we can transform patterns of poverty into legacies of empowered prosperity.

HSH GRADUATE GIVES BACK TO HSH

HSH graduate Churchill found herself between jobs this summer and putting the waiting time to good use as she job searched and accomplished applications and interviews, Churchill volunteered with HSH.

Open to just about any task, Churchill, a graduate of **Sheridan College's** Human Resources program, put her time to good use connecting with other participants as they visited their case workers and tidying up.



Sheridan



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