



Newsletter

SEPTEMBER 2026

September 4 – Krishna Janmashtami (Hindu)
September 7 – Labour Day
September 8 – International Literacy Day (UNESCO)
September 9 – Paryushana Parva (Jain)
September 11 – Rosh Hashanah (New Year) (to Sept. 13) (Judaism)
September 15 – International Day of Democracy (UN)
September 20 – Yom Kippur (to Sept. 21) (Judaism)
September 21 – International Day of Peace (UN)
September 28 – Confucius' Birthday (Confucian)
September 30 – Orange T-Shirt Day (Indigenous); National Day for Truth and Reconciliation

SEPTEMBER 2026

Lives permanently changed for the better

BACK TO SCHOOL



Thanks to support from **Irving Consumer Products**, all Home Suite Hope program participants and their children who are heading back to classes are doing so well-equipped for the new school year.

The corporate support of HSH's annual **Back-to-School Backpacks** project saw 51 backpacks filled with the supplies our school-bound participants and their families need to start a stellar year! Thank you.



READ HSH 2025 ANNUAL REPORT

If you've been away for the summer, we invite you to read HSH's recently released **2025 Annual Report** and review our **2025 Financial Statements**

[Read the HSH 2025 Annual Report](#)

PARTICIPANT NEWS

HSH HOSTS ONBOARDING SESSIONS

The beginning of another school year also signals the start of many of our participants' journey with us.

HSH Program Team will be hosting an intensive week-long **Onboarding** session at the beginning of September.

Onboarding is taking place September 8–14, 2026 at the HSH office and within the community for our Stabilizing First Halton program.

The suite of sessions is designed to welcome participants to HSH and help them become familiar with the program, available supports, and what they can expect over the coming year. Participants will meet the HSH team, review program expectations and requirements, be introduced to the HSH learning platform, and begin identifying goals and areas they would like to work on throughout the program.

We also have a variety of community partners joining us to provide information sessions on employment, financial and social assistance, community resources, Clear Energy, and other supports available to participants. The week gives the new cohort an opportunity to start together, build connections, and become familiar with HSH before beginning their individual work with their caseworkers.



HSH RESOURCE HUB: ONE-STOP-SHOP FOR SUPPORT

For information, email
programs@homesuitehope.org

BACK-TO-SCHOOL BACKPACKS



HOME SUITE
HOPE

Home Suite Hope is grateful to **Irving Consumer Products**, a long-time supporter, for its sponsorship of our annual **Back-to-School Backpacks** project. Irving funded the project, which provided 51 backpacks filled with grade and age-appropriate supplies for program participants and children heading back to classes this month in educational settings ranging from daycare to post-secondary.



CAKES2CONNECT

Happy Birthday, Faith!

Home Suite Hope celebrated **Faith's** birthday by presenting her with a beautifully-decorated **Cakes2Connect** homemade cake.



Cakes2Connect is an Oakville-based nonprofit venture that sees volunteers bake and deliver homemade birthday cakes to women who deserve to be celebrated on their special day! HSH's ongoing partnership with the organization is one to celebrate.

EMPTY BOWLS 2026: A TASTE OF COMMUNITY, A BOWL OF HOPE



Home Suite Hope's Empty Bowls returns to **Appleby College Sunday, November 8, 2026** - sponsored by **Henderson Partners LLP** - for a heartfelt tradition that brings our community together in support of families working toward stability. Guests are invited to select a handcrafted ceramic bowl and present it to local chefs to be filled with a variety of delicious soups — a powerful and tangible reminder of the empty bowls many families face before finding support through Home Suite Hope.

As our signature annual fundraiser, Empty Bowls helps fund the vital wraparound services that empower single-parent families on their journey from crisis to independence.

This much-loved event invites the community to gather around the table, sample the best of Halton's culinary scene, and be part of lasting change. Your ticket includes mouthwatering soups, artisan bread, and decadent desserts — all generously donated by local restaurants and businesses. Come hungry. Leave hopeful. Be part of the solution.

All new this year: Kid's tickets (12 and under)! \$30 no bowl, \$45 with bowl. Early Bird Bonus! Purchase your tickets before October 1st and receive a free soup container to take home an extra serving of your favourite soup.

Save the Date:

Sunday, November 8, 2026

11:30 a.m. – 1:30 p.m. Seating

Soup Kit Pickup Option also available!

With your ticket, you'll receive:

- Gourmet soups prepared by talented local chefs
- Fresh Bread for dipping
- Delicious desserts
- A handcrafted ceramic bowl*

**Included with Single Admission + Bowl, Family Tickets, and Pickup + Bowl purchases.*

[Purchase Tickets to Empty Bowls 2026](#)

BOOK SALES BENEFIT HSH

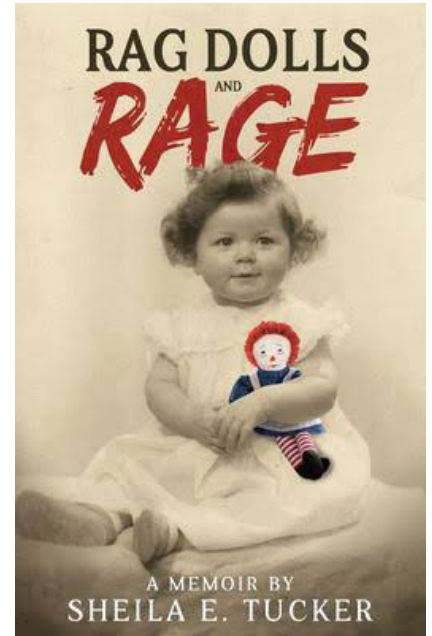
Oakville writer, poet, editor and graphic designer, **Sheila E. Tucker**, is pleased to provide her riveting memoir, ***Rag Dolls and Rage***, for sale through **St. Jude's Anglican Church Office** in Oakville, Monday to Friday, 10 a.m. to 4 p.m.

One hundred percent of the proceeds will go directly to support Home Suite Hope with its important work. The cost of a copy is \$25. Purchasers will be invited to attend an **October 26th talk by Sheila** (10 a.m. to noon in St. Jude's Hall) where Sheila will speak about her book, life and how people can make a difference. Refreshments will be served and there will be a raffle for three prizes.

Please note that books are available directly from St. Jude's office where purchasers can leave their contact information. Details of the October event will be emailed to purchasers closer to the event date. All buyers' names will be entered into the raffle.

Rag Dolls and Rage is a powerful coming-of-age story set in a gritty, northern English town. Raw, sad and funny, this inspiring work chronicles the long-term effects of poverty and single-parenthood and how one survivor overcame adversity to triumph.

Payment can be by cash, or cheque made payable to S. Tucker. Alternately, people can pay via e-transfer (stucker512@yahoo.ca) and collect the book at the October 26th event (in which case, please ensure Sheila has your full name and email address to get your name on the raffle list). We ask you not to order the book through Amazon, because far less money will trickle back to Home Suite Hope. After **HSH Executive Director Sara Cumming** spoke to the St. Jude's congregation this summer, Sheila reached out to HSH, wanting to help. The result was this book sale and event.



STAFF NEWS

FAREWELL MADISON

The Home Suite Hope team will miss **Madison Apold** in the role of **HSH's Program Coordinator & Content Creator**, as Madison returns to her studies for the final semester of her Bachelor of Community Safety degree while parenting her toddler.

Madison was an integral part of the team and helped spreading awareness about HSH in the community and is missed by everyone at HSH. Good luck!



HSH PULLING PLANE FOR UWGH

Exciting news!

Home Suite Hope will have two teams - Home Suite Hope and HSH 2.0 - at the Hamilton Airport on Saturday, September 19 at the **Kick-Off of the 2026 United Way Golden Horseshoe (UWGH) Campaign.**

This is the date and venue where teams from across the Golden Horseshoe will kickstart the UWGH annual campaign by pulling a plane!



This will be HSH's third year participating in the Plane Pull. This year's endeavour will be held at the UPS Airport Terminal.

Friends, colleagues and family will gather to compete, fundraise and enjoy a fun day with family and friends.



A United Way-funded agency
United Way
Golden Horseshoe

The **Plane Pull** is filled with excitement, team spirit, and unforgettable memories. Plus, every dollar raised supports vital programs through United Way Golden Horseshoe.

Home Suite Hope is a United Way Golden Horseshoe-funded agency. Pulling with purpose—because together, we're stronger.

Please consider **sponsoring HSH** as we roll up our sleeves to help make our community stronger.

For more information, visit <https://www.uwgh.ca/events/annual-ups-plane-pull-united-way-kick-off/>



Sheridan



CHANGING THE PATTERNS OF POVERTY TO A LEGACY OF PROSPERITY