

THE FACES OF HOME SUITE HOPE: 2022 Staff Edition

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Part One: The Staff

The Faces of HSH series launched in 2020 to give the community a glimpse of the faces behind Home Suite Hope. It is a four-part series, in which you will be introduced to: the staff, the board, participants, and mentors and community members.

In this booklet, you will meet the Home Suite Hope staff. Bringing in an array of personal experiences, professional knowledge, academic achievements, skills, and more, the Home Suite Hope team collectively is a group of individuals that not only complement each other, but strive towards the ultimate goal of supporting single-parent families experiencing homelessness and moving from poverty to stability.

As a community, we want you to know who you are entrusting your resources, time and financial contributions to. We may be the team on the ground, but the community and our funders make our work possible. Thank you for your continuous support and getting involved with making our community a better place.

 \sim The Home Suite Hope Team

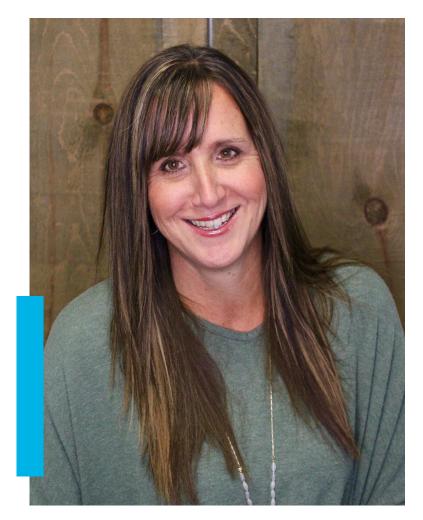
OUR MISSION

Home Suite Hope unites a network of vital support services for our families on their journey from poverty to stability.

OUR VISION

Lives permanently changed for the better.





By training, Sara is an Applied Sociologist and Professor of Sociology with over two decades of research experience that focuses on lone mothers and social policy. This is in addition to her personal resilience as she raised her own children as a single mother while completing her PhD in Sociology. Sara shares a wealth of knowledge and expertise as she leads Home Suite Hope.

SARA CUMMING Executive Director

I was raised by a teenage single mother receiving social assistance in a rural area with no access to transportation. My childhood was defined by poverty and dysfunction happening around me. Eventually I was a young, single mom. Thanks to several mentors who cared enough to show me that there was another way — a new world that included education, OSAP and, ultimately, bigger opportunities — my children now have a better projection for life and pursuing their own post-secondary education and careers.

My involvement with Home Suite Hope started in 2016. It began with being the first researcher to do a study on the Homeward Bound Halton program, then it evolved to being a member of the Program Advisory Committee and coordinating Sheridan College's Faculty of Humanities and Social Sciences' annual participation in the Hope 4 Holidays campaign. I then moved into providing consultancy work and helping with redesigning the program in 2018 and, in 2019, I took on my current role as Executive Director.

Why do you think HSH is so important in our community?

People are struggling to make ends meet every day in this affluent community. Two-parent families get to share household and earning responsibilities, whereas single parents are expected to do both. Home Suite Hope helps protect the latter from long-term homelessness and patterns of generational poverty. These families are given the tools to build selfsufficient and resilient lives; skills that are then passed on to their children.

What is something you wish more people knew about HSH?

We don't just provide charity — we arm people with the tools to build strong lives and our success rate is extremely high. I wish that people understood how much the current housing situation limits our ability to have more impact. Housing is ridiculously expensive in Halton — the average monthly rent for a two bedroom in Halton is approximately \$2800. Our participants can't afford that even with our housing allowance. Soon this may impede our ability to have the same kind of impact we are used to having.

COVID was a curveball no one expected, how did HSH stay resilient through this time?

We were very fortunate to have such an amazing community of supporters around us who stepped up quickly. Physical donations of household and personal hygiene items flooded in the door and current donors allowed us to divert funds to COVID relief while new donors stepped up to the plate. I have never been so thankful to be located within the Halton Region as I was during this pandemic. However, the after effects of the past three years are now starting to catch up to us. Most everyone is now feeling those effects which in turn impacts our donor base. Lower donations means less services.

How has the current housing market impacted HSH participants and programming?

HSH's programming may become obsolete if we don't either acquire our own affordable housing build, or partner with builders and property managers who understand what deeply affordable housing looks like. We work hard to provide wrap services around our clients while they actively work to improve their family's circumstance. This is dependent upon us being able to provide a transitional housing subsidy while they go to school/training and obtain their full-time employment. We cannot transition families into self-sufficiency if their full-time employment still can't cover the cost of rent in Halton.

OVER THE PAST YEAR...

Outside of Home Suite Hope, I continue to work in Academia. I am currently working on the second year of two large 3-year grants- one to help guide Technical Vocation Education Training (TVET) centers in Kenya to gender equality in education and the workplace, and the other focusing on building life skills in the Halton Region and surrounding areas. I am also sitting in my 2nd of 3 terms on Sheridan College's Board of Governors and Research Ethics Board. I will celebrate my tenth anniversary as a Professor of Sociology at Sheridan College in 2023! In my 'spare' time, I am currently writing the second edition of my textbook Sociology Unlocked due for publication by Oxford University Press in 2024.

FUN FACT

I have a genetic disorder called Alpha One Anti-Trypsin Deficiency (not-so-fun) which has propelled me to be very conscientious of my health and wellbeing. I lift weights and do HIIT training 6 days a week, practice meditation and yoga and eat primarily whole foods.



With a Certified Fund Raising Executive (CFRE) accreditation, a Bachelor of Social Science, and a Non-Profit Management graduate certificate paired with her wide range of fundraising and event planning expertise, Krystal is equipped and determined to secure the funding necessary to help the families Home Suite Hope serves.

KRYSTAL VALENCIA Director of Development

What is the biggest funding gap that you are tasked to fulfill?

What type of partnerships do you feel offer the best support to the organization?

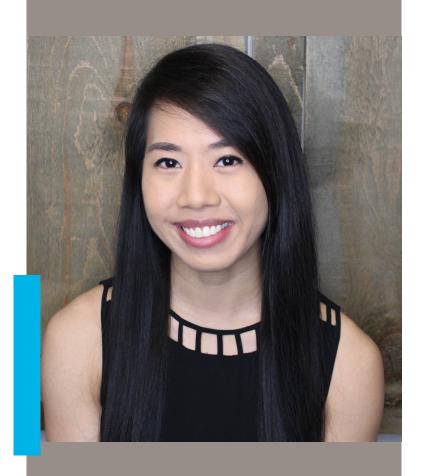
What's one thing that needs to change about our current housing climate to better support single-parents?



OVER THE PAST YEAR...

FUN FACT

went skydiving at 15,000 feet – the



Catherine is a Registered Social Worker with a minor in Sociology. She has always had a strong desire to work within the homelessness sector and make a long-lasting change in her community. With her array of experience and determination, working with Home Suite Hope has always been a perfect fit.

CATHERINE VILLASENOR Program Manager (on maternity leave)

What makes HSH programming so innovative?

How has the community contributed to the success of the program participants?

What does affordable housing look like?



OVER THE PAST YEAR...

FUN FACT

supports, and so much more. Lots and lots to learn!



Sharing her experience in the social services field along with her knowledge as a graduate of a Bachelor of Arts in Human Rights and Equity Studies and a Diploma in Community and Justice Services, Nikkian is on the mission to break barriers and create equitable opportunity for marginalized and vulnerable individuals.

NIKKIAN HANSON Interim Program Manager

My mom showed me what a strong, independent, hard-working woman looked like as she raised my siblings and I as a single mother working fulltime. She raised me with strong Caribbean roots and encouraged me to build a career that would allow for generational wealth and bring change for the black-afro community. In my pursuit of education and employment, I learned how real the "ism's" (for example: racism, ageism, classism, sexism) was, both personally and through my education. This sparked a fire in me to help others break through societal and systemic barriers and to help create more equitable opportunities for marginalized and vulnerable individuals.

I joined Home Suite Hope in 2018 as a part-time Caseworker and then moved to full-time Case Manager. I play the role as a navigator, connector and (my favourite role) the cheerleader. Additionally, I sit on various committees in the community that strive to reduce homelessness and address the challenges that exist within systems that are geared to support vulnerable populations. I also work in partnerships with other community organizations to improve supports and services. Too often the door is closed for individuals experiencing poverty and I am in the business of opening up those doors.

How has the housing crisis impacted your participants?

Participants' motivation to transition to independence has decreased because their income, with or without a rental subsidy, is insufficient for some to cover their monthly expenses, pay debt and save for future planning. The cost of living has increased overall; this means childcare, basic needs, and transportation have increased, and entry-level positions salaries have stayed the same or decreased.

What are common "Calls to Action" that are needed from community members?

On a grand scale, we need community members helping us fight for more affordable housing, transportation support and childcare support. These are the most important supports participants need to be successful in Home Suite Hope programming. As an everyday call to action, we are in need of donations of commonly used products such as hygiene products (i.e. unscented feminine products, shampoo, conditioner, baby wipes, etc.), first aid essentials (i.e. PPE, Polysporin, Tylenol, etc.), and cleaning supplies. We also need advocates, who are willing to connect participants to services and provide equitable opportunities to meet their needs, such as counselling services, interview opportunities and employment.

When looking for agencies to partner with, what supports and services are often requested for by participants?

The supports often requested by participants are always surrounding their ability to advance their employability and reduce their limited monthly expenses — from food programs, to clothing, to transportation, to securing childcare to allow them to participate in after-hours programs, etc. If we had more agencies or partners that could assist with offering these additional supports, we would be able to either free up time or money for our families. Ultimately giving them the ability to participate in other activities or to put more money away in their rainy-day funds.

OVER THE PAST YEAR...

I have been in professional development and increasing my knowledge and skills in Social Work as I work towards my RSW designation. I recently became the Interim Program Manager while Catherine is on maternity leave. It has been an exciting and great learning opportunity to tap into other areas of HSH.



FUN FACT

I am learning to speak German.Ich Lerne Deutsch.

OUR PROGRAMS

There are 5 main programs that Home Suite Hope offers:

Stabilizing First Halton

A stabilizing program to prepare participants to purse a pathway towards employment, education and/or training, including Homeward Bound Halton

Homeward Bound Halton

An up to 4-year program that includes a housing rental subsidy, life skills programming, a college scholarship that includes tuition and books, professional development, mentorship, employment supports and more.

Homeward Bound Halton Youth (Pilot)

An up to 4-year program designed to help young parents, ages 17-24, obtain their secondary school requirements, attend post-secondary school and secure employment. The program also includes programming with life skills and food literacy workshops, mentorship opportunities and intensive case management.

Step Forward

An up to 2-year program that provides individuals with intensive case management, life skills programming, community connections and goal-oriented services plans to maintain housing and increase one's quality of life and community engagement.

Life Skills Programming & Community Outreach

Individualized Life Skills training with a Community Outreach Worker that covers topics such as managing your bills, organizing and maintaining a home, identification and more.

*2020 outcomes

PROGRAM OUTCOMES

Since 2012, Home Suite Hope has served more than **225 individuals**.



In 2014, Home Suite Hope was selected to replicate the award winning Homeward Bound program by Woodgreen Community Services. Homeward Bound Halton (HBH), now an award-winning programming itself, was launched and has **served more than 39 families**. It is the first replication of the program in Canada and is projected to continue to grow.





86% of participants that completed the HBH program exited with employment

15 participants have obtained their postsecondary diploma through the HBH program



\$48,000 is the average salary of the participants that completed the HBH program and obtained FT employment



100% of participants that completed the HBH program no longer receive social assistance



Leah is a Registered Social Worker, with a Masters and Bachelors of Social Work. With Leah's social work and research skills, paired with her own personal experiences, she is working alongside HSH families to help permanently change lives for the better.

LEAH BURTON-SALIBA Case Manager

What are some challenges you have faced when supporting participants?

What would you say are the top 3 things that are essential to a participant's success?

OVER THE PAST YEAR...



How has the housing crisis impacted your participants?

FUN FACT



Sarah is a Registered Social Worker and an Ontario Certified Teacher. She holds an Educational Assistant Diploma, Bachelor of Social Work, and a Bachelor of Education. With her experience working with vulnerable populations across multiple systems, Sarah brings an intersectional and empathetic perspective to her approach with Home Suite Hope's families and community participants.

SARAH GILLEN Program Coordinator

My mother is my biggest inspiration in this world. For years, I watched her devote everything to my two brothers and I, often working multiple jobs (even now) to make ends meet and provide us with the best life she could. My mother always believed in me and pushed me to pursue post-secondary education to the extent that I have. I owe all of my educational and employment achievements to her.

I started at Home Suite Hope in 2018 as a Bachelor of Social Work placement student. After my internship, I continued to stay involved in a volunteer capacity, helping with research work and offering tutoring supports to participants. Then, in July of 2021, I was offered a contract to work with Home Suite Hope as the Community Outreach Worker. I was thrilled. All my hints of wanting to come back to work with the team paid off. We always joke that once people join HSH, they can never leave well, I can confirm this is true!

What life skills are needed the most?

Most community participants that I am working with are furthering their skills in money management and financial planning (budgeting, efficient grocery shopping on a budget and bills), health and nutrition, cleaning and maintaining a home and education and employment supports.

If you could offer any other supports to your participants, what would they be?

If I had the resources available, my participants could benefit most from transportation and technology supports.

When participants ask for extra assistance, what are the most common requests?

Oftentimes, when participants request additional support, it is in the form of gift cards to offset some of their monthly costs. These gift cards range from grocery gift cards to gas gift cards and each participant I have supported with this has expressed how much these supports mean to them. Participants have also asked for support with getting household supplies and products that meet basic needs.

What's one thing that needs to change about our current housing climate to better support single-parents?

Over the past few years, we have seen many unprecedented societal barriers in the realm of affordable housing and the economy. These barriers range from the astronomical housing market increases and subsequent housing shortages, and Covid-19 which limited individuals' ability to work or maintain stable income throughout the pandemic. Barriers like these have disproportionately affected single-income families, making it increasingly difficult to make ends meet in today's housing and economic climates. I think one of the biggest changes in the housing climate that would better support single-parents would be more access to affordable housing units. These units are extremely limited, and access to these resources have become scarce with the market increases and housing supply shortages. We need to see more affordable housing units being built or developed, and less investments into infrastructure that benefits the middle and upper classes, so waitlists are reduced, and affordable housing is more accessible to single-parent led families.

OVER THE PAST YEAR...

I hit two major milestones in my professional career: I have transitioned from the Community Outreach Worker to the Interim Program Coordinator with HSH, and I have been continuing to develop my Mental Health Therapy practice, called Lakeview Counselling!

FUN FACT

I recently got engaged to my partner, Taylor, and we became first-time homeowners! Now we spend a lot of our spare time wedding planning in our new condo.



As a recent Event Management graduate from Humber College, Katelyn is eager to bring her knowledge of events and fundraising experience to help better serve the Home Suite Hope families and change the trajectories of generational poverty.

KATELYN ZAORAL Assistant, Events & Community Outreach

I have always had a passion and love for event planning. Doing all of the behind the scenes work that brings an event to life and seeing people come together, have a great time and enjoy themselves in something that you've helped them create is very addictive. A few years ago, I created and organized a charity event which I called "Stickin' it to Diabetes" which was a charity ringette and hockey game followed by a fun skate to raise awareness and funds for type 1 diabetes research, with all money raised donated to JDRF. Seeing the success and fun I had coordinating the event, I knew that I wanted to pursue event management as a career in the future. I really enjoy being able to immerse myself in environments that allow my creativity to thrive, but that also have a greater purpose; a purpose of supporting and advocating for individuals who may not be able to support or advocate for themselves fully – which is why Home Suite Hope has been a perfect fit.

What would we do without mothers? Really? Not only do they give us life, but they then make it their life's mission to create and give the best life to their children – even when their children sometimes can't see all the sacrifices made, and how hard they work to escape a pattern of poverty. I am honoured to be working with Home Suite Hope to help secure funding that will ultimately make a positive impact on the lives of the single parent families HSH supports. Having started at HSH in January of 2022, I'm the newbie on this small team of very hardworking ladies! I am excited to continue working with the HSH team to meet the needs of single parent families and execute successful community events for HSH.

What is one of the largest funding needs of HSH?

Empty Bowls is our signature fundraising event that helps to support the sustaining of our Community Engagement programs. We rely on the community rallying together at this event to build our programs and make them thrive. We loved seeing all of your beautiful faces at this year's Empty Bowls and hope to see you all at the event in years to come! There is still time to donate to help us reach our \$70,000 fundraising goal!

How would you like to see the community involved with HSH?

There is nothing better than seeing the community come out to our fundraising events or volunteer opportunities, connecting and sharing stories of their involvement with Home Suite Hope, and what drives them to be a part of Home Suite Hope's community. It is quite fascinating to hear all of the different ways people have been drawn to HSH. While we know the effects of the last couple of years have made it more difficult for people to make it out to in person engagements and/or affected some people's community of immersing themselves back into community events, we would love to know how you, as community members, would feel more comfortable and open to coming back out into the community to support HSH.

What does affordable housing look like?

I'm sure we all I will tell you wh more than half if housing remo is a necessity an homelessness.

OVER THE PAST YEAR...

I graduated from say my dogs Bc me.

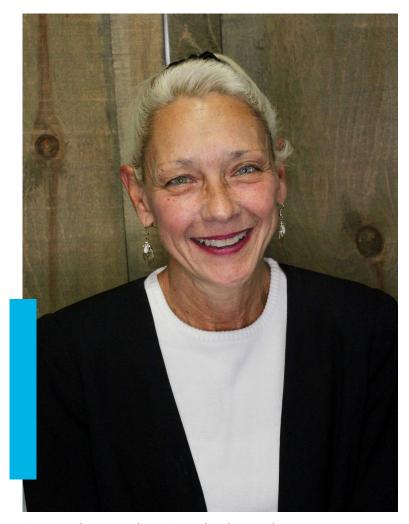


have an idea of how housing affordability should look. So, I won't tell you what it is, but at it isn't. Affordable housing is NOT \$1,800 for an illegal basement apartment, paying of your monthly income on rent/mortgage, and housing affordability will not be achieved ns in the current state of over using it as an avenue for investment and profit. Housing d no one should be forced to pay far outside their means just so they can try to avoid

n Humber College despite almost the entirety of my studies being online. I guess you could wie and Archie are just as edumacated as I am seeing as they sat through every class with

FUN FACT

I played competitive ringette at the AA level for 8 years prior to COVID. I took a break, and have just started to get back into it this year – I feel like myself again!



As a Halton resident, Angela shares the passion and drive to help those in need in her community. Following a lengthy career as a writer and editor, Angela shares her skills as she captures the organization's news and participants' success stories while providing administrative support to staff.

ANGELA BLACKBURN Administrative Assistant

What's one thing that needs to change about our current housing climate to better support single-parents?

How can the community get involved with Home Suite Hope?

Can you share any advice to individuals in the community looking to get involved?



OVER THE PAST YEAR...

FUN FACT



After being involved with Home Suite Hope for over a decade, Izabel is no stranger to the organization or the funding gaps present. Izabel shares her expertise in numbers and finances as she supports Home Suite Hope manage funds and transactions.

IZABEL RADER Bookkeeper

What areas of funding do you often see a gap in?

What is the biggest lesson you have learned about poverty in Halton?

What is your favourite memory working at HSH?



Connect with Us Home Suite Hope loves to stay in touch with the community. Connect with us on any (or all) of our social media platforms to stay up to date with everything HSH!

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Instagram, Facebook and LinkedIn Follow us on Instagram, Facebook, or LinkedIn for updates, live stories, calls to action and more! **IG:** homesuitehope | **FB:** www.facebook.com/HomeSuiteHope | **LinkedIn:** Home Suite Hope Shared Living

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OVER THE PAST YEAR...

FUN FACT

GET IN TOUCH

Read our weekly blog posts that cover a range of topics from homelessness in Halton Region, to the non-profit sector, to updates on our community partners. Visit our blog at: www.homesuitehope.org/blog